

## Errwood Sailing Club

### Return to Sailing Considerations and Controls

Areas	Controls
<b>General</b>	<ul style="list-style-type: none"> <li>• The Committee will liaise with other Group Members to agree a common way of working to meet the government guidelines and governing bodies' recommendation for outdoor activities at the club.</li> <li>• The Committee will review the latest Covid-19 Secure guidelines weekly and will amend the Policies and Procedures accordingly.</li> <li>• Social distancing must be maintained in line with current government guidelines to ensure you and other members' safety.</li> <li>• Everyone must be conservative and considerate in their actions whilst at the club.</li> <li>• If you are unsure of the Covid-19 symptoms, how it spreads and what people can do to stay safe please follow this <a href="#">link</a>.</li> <li>• If you fall ill with Covid-19 and you have been sailing at the club it is your responsibility to inform the committee. They will need to know the date that you were at the club so that club members who were there on the same day can be informed to self-isolate.</li> </ul>
<b>Reducing the risk of virus transmission</b>	<ul style="list-style-type: none"> <li>• Anyone who is unwell with the symptoms of Covid-19 must not visit the club.</li> <li>• Anyone who has been in contact with a family or household member who is unwell with the symptoms of Covid-19 must not visit the club for a minimum of 14 days.</li> <li>• Anyone who displays or develops symptoms of Covid-19 will be sent home.</li> <li>• Members are encouraged to: <ul style="list-style-type: none"> <li>• Club members are advised to carry their own hand sanitiser for their own protection.</li> <li>• wash their hands after touching common surfaces and always after coughing, sneezing and before and after arriving and leaving the club.</li> <li>• to cover their mouth and nose when sneezing or coughing, and avoid touching their face, nose and eyes</li> <li>• keep your distance and avoid being face to face with people outside your household</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>• Members should not share water bottles or food.</li> <li>• Sanitisers and wipes will be provided for you to wipe down surfaces and equipment.</li> <li>• Soap and hand sanitisers are available to wash and sanitise your hands. Please use the paper towels to dry your hands placing the used towel in the bins provided.</li> </ul>
<b>Facilities – Club main room, changing rooms / toilets and access points.</b>	<ul style="list-style-type: none"> <li>• The barrier and gate must be closed on entering and leaving the site leaving it un-padlocked, this is to discourage members of the general public walking through the site.</li> <li>• The main club room will only be used by the OOD to access the keys, 1<sup>st</sup> Aid equipment and the office phone for emergency phone calls, the galley must not be used and members must eat their own food and drinks outside.</li> <li>• If the club room has to be used for emergency reasons then maintain 2 metre distancing and increase the ventilation wherever possible.</li> <li>• Members are asked to come dressed so that they can change into and out of sailing gear at the car.</li> <li>• The changing room and toilets will be open for emergency only, e.g. if a person end up in the water and has to change out of a wetsuit. No members personal kit is to be stored in the changing room.</li> <li>• If the changing room is used then one person at a time in each changing room unless it is people from the same household. The ventilation should be increased wherever possible.</li> <li>• Social distancing must be maintained in all areas around the club house.</li> </ul>
<b>Club Equipment</b>	<ul style="list-style-type: none"> <li>• If you use a Club buoyancy aid and if there is a possibility that it could be used again after you leave please place it on the Dory so that it can be isolated for 72 hours<sup>1</sup>.</li> <li>• If you use a club dinghy and there is a possibility it could be used again after you leave please put the rudder, centre board and Pico boom on the dory, place a 'Used' tag on the Pico mast and hull that you used.</li> </ul>

Areas	Controls
<b>Rigging / Launching / recovery and Pontoon</b>	<ul style="list-style-type: none"> <li>• Social distancing must be maintained at all times when rigging and when you are on the slipways and pontoon when launching / recovering dinghies and the safety boat.</li> <li>• If it is not possible to launch or recover the dinghy or safety boat on your own then ask of assistance, to ensure social distancing consider using a rope tied to the trailer so that it can be pulled by a number of people whilst maintaining social distancing. An alternative is to ask members of the same household to do the recovery.</li> </ul>
<b>Sailing Activities</b>	<ul style="list-style-type: none"> <li>• During this time it is not possible to run the Junior Club or any RYA Dinghy, Powerboat or 1<sup>st</sup> Aid training courses.</li> <li>• Sailing times will be published to the members will be on Sundays.</li> <li>• To relieve the pressure on the safety boat the maximum wind speed for sailing will be Force 4, average wind speed 13 kt 16 mph 24 km/h.</li> <li>• Be conservative – stay within the limits of your sailing ability, with consideration to the prevailing weather conditions.</li> <li>• Follow any general sailing instructions given by the safety boat helm.</li> <li>• Members are to sign on / off.</li> <li>• If you capsize and are unable to right the dinghy follow the instructions of the safety boat helm.</li> <li>• It is recommended that you wear a neck ruff so that you can cover your mouth and nose if you need to be taken on-board the safety boat.</li> <li>• When sailing is finished please be considerate in helping to recover dinghies and the safety boat.</li> </ul>
<b>On the water safety</b>	<p><b>Preparing launching and recovering safety boat</b></p> <ul style="list-style-type: none"> <li>• The Quicksilver will be used as the club safety boat.</li> <li>• The Quicksilver may need two people one to lift the bow whilst the other lifts the engine on and off.</li> <li>• Others may be needed to help launch / recover it. If required use a rope, tie it to the trailer, alternatively members from the same household could launch / recover it.</li> <li>• The engine touch points and hull around where the helm sits are to be cleaned down at the start and end of the day or if there is a changeover of helm.</li> </ul>

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	<p><b>Safety boat helm / crew</b></p> <ul style="list-style-type: none"> <li>• The safety boat helm will hold either Power Level 2 / Safety Boat certificates. VHF radios will be used.</li> <li>• The safety boat will be run by just the helm however members from the same household can assist.</li> <li>• If there is an emergency situation that requires more than the helm then assistance will be sought from members present.</li> <li>• It is recommended that the helm / crew wear a neck ruff that can be used as a face coverings if required.</li> <li>• Any briefing to be held outside.</li> </ul> <p><b>Safety boat techniques</b></p> <ul style="list-style-type: none"> <li>• Safety helms and crew are reminded of the rescue techniques in the G16 RYA Safety Boat Handbook.</li> <li>• Maintain hailing distance unless physical support is required.</li> <li>• Choose techniques in line with RYA Safety Boat Handbook that minimise physical contact – for example mast tip / use of centreboard, scoop method.</li> <li>• Where possible tow astern rather than alongside.</li> <li>• If recovering a person to a safety boat consider methods to minimise physical and face to face contact: grab handles; using the engine as a step, deflate the sponson.</li> </ul> <p><b>On the water participants</b></p> <ul style="list-style-type: none"> <li>• Be conservative – stay within the limits of your ability.</li> <li>• Use righting lines, long painters and mast head floats.</li> <li>• Follow the instruction of the safety boat helm.</li> </ul>
<p><b>Opening and Closing Procedure</b></p>	<ul style="list-style-type: none"> <li>• OOD will open and close the club. Return any sailing equipment that has not been used for 24 hours to their correct storage positions at the start of the session.</li> </ul>

<sup>1</sup> The risk of infection following contamination decreases over time. It is not clear when there is no risk, but studies of other viruses in the same family suggest that in most instances, the risk is likely to be reduced significantly after 72 hours. Source: [Cleaning in Non-healthcare Settings](#). Gov.uk. Accessed May 2020.